

## **CODE OF CONDUCT**

- 1. ALWAYS BE RESPECTFUL
- 2. ALWAYS ADDRESS ALL BLACK BELT BJJ INSTRUCTORS AS PROFESSOR AND ALL NON-BLACK BELT INSTRUCTORS AS COACH. ADDRESS ALL BLACK PRAJIOUD AND HIGHER MUAY THAI INSTRUCTORS AS KRU OR KHUN KRU.
- 3. ABSOLUTELY NO COACHING YOUR CHILDREN OR OTHER STUDENTS DURING CLASS.
- 4. NO FOUL LANGUAGE INSIDE THE ACADEMY.
- 5. IF YOU ARE LATE FOR CLASS, WAIT OUTSIDE THE MAT UNTIL THE PROFESSOR OR KRU GIVES YOU PERMISSION TO JOIN.
- 6. DO NOT LEAVE THE MAT DURING THE CLASS WITHOUT PERMISSION FROM THE PROFESSOR OR KRU.
- 7. WHEN THE INSTRUCTOR IS DEMONSTRATING THE TECHNIQUES, STUDENTS MUST SIT OR STAND IN GOOD POSTURE.
- 8. TALKING SHOULD BE KEPT TO A MINIMUM AND SHOULD RELATE TO THE CLASS SUBJECT.
- 9. ALL STUDENTS & VISITORS MUST WEAR A CLEAN UNIFORM WITH NO OTHER SCHOOL OR AFFILIATION PATCHES.
- 10. ALWAYS WEAR YOUR SHOES OR SANDALS WHEN YOU ARE OFF THE MAT.
- 11. IF YOUR FEET ARE DIRTY, CLEAN THEM BEFORE THE CLASS STARTS.
- 12. YOU MUST ALWAYS WEAR A SHIRT, RASH GUARD, OR BE COVERED BY A UNIFORM INSIDE THE ACADEMY.
- 13. ALL JEWLERY, PIERCINGS, NECKLACES, AND OTHER ITEMS SHOULD BE REMOVED DURING TRAINING.
- 14. KEEP FINGERNAILS AND TOENAILS NEATLY TRIMMED.
- 15. SHOES, FOOD, DRINKS, AND ELECTRONIC DEVICES ARE NOT ALLOWED ON THE MAT.
- 16. NO PHOTOS OR VIDEO RECORDING IS ALLOWED DURING CLASS UNLESS APPROVED BY THE INSTRUCTOR.
- 17. ALL TRAINING GEAR AND BAGS SHOULD BE LEFT IN THE LOCKER ROOM.
- 18. ILLEGAL AND/OR IMMORAL ACTIVITY OUTSIDE THE ACADEMY IS GROUNDS FOR EXPULSION.
- 19. BE HUMBLE.